

Orange Items on Seesaw

Green Items in paper packet

June 8- June 11

AM Session

	Monday	Tuesday	Wednesday	Thursday
Reading and Writing	Spell your name on Seesaw	Practice writing letters with whiteboard/marker, sidewalk/chalk or paper/crayon.	Watch the read aloud with Ms. Jerrica on Seesaw: Pete the Cat: A Day at the Beach. Have your child answer the questions embedded in the story. Have your child tell you the story from looking at the pictures.	Trace name or use pencil/rainbow name puzzle. Seesaw: Match and read alphabet
Communication	*Describe a Scene worksheet for the beach from your paper packet. Have your child look at the picture and tell you what they see in the picture. Ask your child the questions from the bottom and if they cannot answer, tell your child the answer and point to the answer in the picture.	Practice pointing to objects in the bathroom. Point to bathtub, toilet, sink and soap.	Practice ON and UNDER. Give your child a toy and ask them to put the toy on a chair and then under a chair. Help child place toy, if needed.	Practice following directions. Ask your child to throw something away in the trash or put a toy away. Help child if needed. Repeat.
Math	Find two of the same object in different sizes. (shoes, rocks, shirts.) Help your child point to which one is bigger and which one is smaller.	Help your child pat or point to objects and count to 6. Clap to 6 Jump to 6 Count to 6 Seesaw: How high can you count?	Practice concept of ONE. Give your child a small set of objects and ask your child to hand you one. You can model this also by handing your child one from your pile and say, "You have ONE." Green book: page 80 (#3)	Play hide-and-seek. Practice counting to 10 before helping your child find a toy or other family member. Seesaw: Pete the cat cupcake color
Sensory	Help your child twirl or spin in an office chair. Twirl once and then stop. Repeat a few times. Have your child work on asking for "more" or "stop" with words. Have them try to count how many times they go around with you.	Use playdough or homemade salt dough to make pretend cookies. (Or you could make real cookies!) Have your child set up the table with real or play kitchen plates and silverware. Put the "cookies" on the plate. Talk about hot and cold, safety, etc.	Put rice, beans, oatmeal or popcorn in a tub. Give your child cups and kitchen tools to use in the tub. Keep for tomorrow.	Use tub from yesterday for sensory play.
Fine Motor/Craft	Do a puzzle or draw a simple picture of a tree or face and cut into 4 pieces and help your child put the picture back together.	Balloons: color, trace, and cut from paper packet	Popsicle Craft from your paper packet! *Seesaw for visual directions	Finger Jumping Jacks. Stand up pointer & middle finger. *Seesaw Video

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Gross Motor	Play catch or kick a ball back and forth. (see social skills)	Draw a line with sidewalk chalk or make a line with string in your house. Practice "balancing" on the line.	Wear Dad's shoes and have a race. OR On hands and knees sort different objects <i>*Seesaw video</i>	Practice stepping sideways and skipping. <i>*Seesaw for visual</i>
Social Skills/ Behavior	Take turns with the ball. Say "my turn" and "your turn".	Practice cool down strategies: pushing a wall, 3 deep breaths, squeezing a soft object and lying on the floor and feeling belly while taking deep breaths.	Play chase. Chase your child and then have them take a turn chasing you.	Take turns hiding and seeking during hide and seek.
Self Help Skills	Practice brushing teeth independently. See what small parts of the routine your child can do on his/her own. (Picking up the toothbrush, holding it under water, etc.) See super simple song: This Is The Way	Have child help set the table and put away dishes or silverware. See Sensory	Help your child put items on the table for snack or dinner.	Help your child make a bed. Have your child independently place pillows on the bed.